



St. Mary's Church  
Chiddingfold

## A simple reflection at home on the day of a funeral you can't attend

It's so difficult when you can't go to a funeral, whether for family, friend or neighbour. Many are facing this in the current crisis, so this short reflection has been specially written by a vicar for you to do at home, alone or with those who share your home. You might ask others to take part at the same time from their home.

When this time of social distancing is over, there may well be an opportunity to meet together at a special time of remembering and thankfulness. Your memories now can be part of that experience when the time comes.

Neither death, nor life, nor angels, nor rulers, nor things present, nor things to come, nor powers, nor height, nor depth, nor anything else in all creation, will be able to separate us from the love of God in Christ Jesus our Lord.

Romans 8.38-39

*Before you find a place to sit quietly, you might like to find a photograph of the person who has died, write down some special memories, or play a special piece of music that connects you with the person you are remembering today. Think about those who are at the funeral and pray for them.*

*[Where it says 'N' in a prayer, just say the name of your person].*

*You might like to light a candle. Then pray:*

Be with us, loving God.

Hear our prayers and comfort us in our loss, and help us to trust in your Son Jesus, whom you raised from the dead.

Strengthen our faith and renew our hope that N and all those we love will share in his resurrection.

Amen.

*Read Psalm 23*

- 1 The Lord is my shepherd; therefore can I lack nothing.
- 2 He makes me lie down in green pastures and leads me beside still waters.

- 3 He shall refresh my soul and guide me in the paths of righteousness for his name's sake.
- 4 Though I walk through the valley of the shadow of death, I will fear no evil; for you are with me; your rod and your staff, they comfort me.
- 5 You spread a table before me in the presence of those who trouble me; you have anointed my head with oil and my cup shall be full.
- 6 Surely goodness and loving mercy shall follow me all the days of my life, and I will dwell in the house of the Lord for ever.



Reflect on your memories.

- What stands out in your memory about N?
- What will you always remember about them?
- What things did you learn through their life and death, including about God?